

SELF-DEFENSE CLASS

**6-WEEK
PROGRAM**

FREE!

REGISTER AT
REGISTER.CCPARKANDREC.COM



**WEDNESDAYS
BEGINNING APRIL 17**

AGES 5-12

5:30 P.M. (45 MINUTES)

AGES 13+

6:15 P.M. (45 MINUTES)

**LOCATION: CC GYM
3202 CABANISS PARKWAY**