



**CORPUS
CHRISTI
PARKS &
RECREATION**

**Play It Safe!
New Safety
Procedures**



Good to Know:
Swimming skill is not
required, but preferred.
Participants will wear
float belts for exercises.

**Instruction
provided by
certified staff**



For more information:
Call 826-PLAY

Live. Learn. Play!
ccparkandrec.com

***For
Ages 18+***

April 2021

Adult Aqua Jogging & Water Aerobics

Stay Fit, Tone Up, and Have Fun!

Aqua Jogging

T/Th, April 6–29, 6–6:45pm
2 classes/week (8 classes total) at
Corpus Christi Natatorium
3202 Cabaniss Parkway

Water Aerobics

T/Th, April 6–29, 10–10:45am
2 classes/week (8 classes total) at
at **Collier Pool** 3801 Harris Drive

only **\$25**/person/month

Register Online

at <https://register.ccparkandrec.com/>

Registration closes the Thursday before each session starts. Class times vary,
please see registration site for more details. Program for ages 18 and older.
Class limited to 12 participants.

The City of Corpus Christi promotes participation regardless of race, color, national origin, sex, age, religion, political belief, genetic or disability. Reasonable accommodations are provided upon request and in accordance with the Americans with Disabilities Act. For assistance or to request a reasonable accommodation, please call 361-826-3460 at least 48 hours in advance. Upon request, this information can be available in large print or digital file.