



LIFEGUARD INSTRUCTOR

TRAINING

\$200
per
person

Spring 2024 | March 2, 3, 9, & 10

Class Dates:

- Saturday & Sunday, March 2 & 3, 8:00 a.m. to 4:00 p.m.
- Saturday & Sunday, March 9 & 10, 8:00 a.m. to 4:00 p.m.

Corpus Christi Natatorium, 3202 Cabaniss Parkway

Requirements:

- Must be 17 years old or older
- Possess a current basic-level certification in American Red Cross Lifeguarding (Including Deep Water) with CPR/AED for Professional Rescuers and First Aid. (Note: r.17 Lifeguarding certification accepted)
- Demonstrate the ability to perform the following:
 - Entry
 - Swimming approach
 - Surface dive in deep water (7 to 10 feet)
 - Passive submerged rescue
 - Rapid extrication (with an assisting rescuer)
 - Rapid assessment
 - Single-rescuer CPR (3 minutes)



REGISTER.CCPARKANDREC.COM

Registration opens February 18 and closes Thursday, February 29, 2024.

For Lifeguard Training, participants need to register online and will be sent a follow-up email on how to create an account with the American Red Cross.

Two hours of online video and learning modules must be completed before the start of the class. Participants must show the instructor the certificate of completion on the first day of class.

The City of Corpus Christi promotes participation regardless of race, color, national origin, sex, age, religion, political belief, or disability. Reasonable accommodations are provided upon request and in accordance with the Americans with Disabilities Act. For assistance or to request a reasonable accommodation, please call 361-826-3460 at least 48 hours in advance. Upon request, this information can be available in large print or digital file.

**For More Information:
Call 361-826-PLAY**



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