

Free!



**CORPUS
CHRISTI
PARKS &
RECREATION**

Summer

Introduction to Junior Lifeguarding

Corpus Christi Natatorium

3202 Cabaniss
Parkway

For ages 12-15

Register at

<http://register.ccparkandrec.com>



For more information:
Call 826-1749
or **826-PLAY**

Live. Learn. Play!
ccparkandrec.com

Tuesday–Friday
July 30–August 2,
2019, 9am–12pm

**Sign up today to receive this
valuable training at no charge!**

We are only accepting 10 students.

This course is not for certification
purpose, and it is not a learn-to-swim
class.

▶ Instruction by a Certified Lifeguard
Instructor and program management.

Participants will learn:

1. How to enter the water safely and urgently to make a save.
2. How to assist victims in distress.
3. How to determine what assistance is required.
4. Ways to keep yourself safe and protected when making a save or rendering aid.
5. How to notice and respond to common illnesses that occur at the pools.
6. The prerequisites required to become a lifeguard and how to prepare for it.

The City of Corpus Christi promotes participation regardless of race, color, national origin, sex, age, religion, political belief, genetic or disability. Reasonable accommodations are provided upon request and in accordance with the Americans with Disabilities Act. For assistance or to request a reasonable accommodation, please call 361-826-3460 at least 48 hours in advance. Upon request, this information can be available in large print or digital file.